

27 March 2026

Newsletter 03

EDGEMEAD HIGH SCHOOL



EDGE- NEWS



Gymnasium



**Soccer
Tournament**



**Easter Egg
Drive**



**Mountain
Biking**



@edgemeanhighschool

To have life more abundantly



CELEBRATING EXCELLENCE & ADDRESSING RESPONSIBILITY

As we move through the term, I would like to take a moment to reflect on the many highlights within our school, while also addressing an important matter that requires our attention as a community.

Celebrating Our Achievements

There have been many highlights over the past few weeks, and these are only a few worth mentioning. I am extremely proud of our school, our teachers, and our learners for what we are achieving across academics, sport, culture, clubs, and societies this term.

Sporting Excellence

Our sports teams continue to perform exceptionally well:

- Our rugby boys competed at the Wynberg Boys' Rugby Festival, where the 1st team delivered a dominant performance against Bergvliet High.
- Our hockey programme continues to grow in strength, with the 1st team, U16 A-C, and U19 B-C teams all competing at the Cape Co-ed Festival and performing very well.
- Our U19 girls' 1st team hockey side produced some of their best results in years. I am proud of these girls.
- Our mountain biking team continues to inspire, competing this past weekend in Stellenbosch.
- Our 1st team soccer boys also secured a convincing win against Tygerberg High School.

What many do not see is the dedication behind these performances, early morning gym sessions, fitness training, and long hours in the warm sun. This level of commitment reflects the character and determination of our learners, and I am incredibly proud of all our sports teams.

Service & Community Impact

One of the most meaningful highlights this term was the beach clean-up initiative, led by Edgemoor High Interact Society in collaboration with Edgemoor Rotaract and Save a Fishie.

Together, they collected an incredible 458 kg of litter from Milnerton Lagoon Beach in just two hours. This is the kind of service and leadership that makes me truly proud.

Career Expo - Preparing for the Future

We also had the privilege of hosting our Career Expo, which brought together universities, colleges, and trade schools from across the country.

This created a valuable space for our learners to engage directly with professionals and institutions in their fields of interest, giving them insight, guidance, and inspiration as they consider their future pathways.

To ensure accessibility for all learners, we extended the event from 14:30 into the evening, allowing as many learners and families as possible to attend.

Culture, Academics & Chess

In the cultural and academic arena, our learners continue to shine.

On 12 March, we had the pleasure of welcoming more than 50 schools to Edgemoor High for Round 2 of the National Debating League.

Our results were outstanding:

- Edgemoor Junior A: Win vs Reddam Constantia - Nathan Hoffeldt (Best Speaker)
- Edgemoor Junior B: Win vs Springfield Junior A - Scottlyn Arends (Best Speaker)
- Edgemoor Junior C: Win vs American International School of Cape Town
- Edgemoor Senior A: Loss vs Parklands College
- Edgemoor Senior B: Win vs Protea Heights - Maaath Francis (Best Speaker)



@edgemoorhighschool

To have life more abundantly

This level of performance reflects preparation, confidence, and intellectual strength. Chess has also had an outstanding term, with strong growth and momentum building toward the 2026 season.

Next term, we will field three teams in the Metro North Chess League:

- Under-17 Mixed
- Under-15 Mixed
- Under-15 Girls

This reflects the growth and strength of chess at our school, with many new and talented players joining the programme.

Our Chess Eagles will also compete in major events including the national online BattleBoards Tournament and the Moja Chess Extravaganza, hosted in Cape Town for the first time.

I look forward to a highly competitive season ahead and encourage learners with the passion and discipline to step forward and get involved.

NSC 2025 Remark Highlights

I am also incredibly proud of our learners following the NSC remark process.

- Bachelor's pass rate improved to 80.93%
- 52 applications processed
- 54 marks changed
- 23 subject code changes
- 11 new distinctions achieved

Subject improvements included:

+1 Afrikaans
+1 History
+1 Physics
+2 Life Sciences
+6 English

Well done to every learner who pursued this opportunity.

The Character of Our Learners

Perhaps the most rewarding part of my role is receiving feedback from other schools about our learners.

Recently, I received the following message from the Headmaster of Pinelands regarding our cricket team:

"I just wanted to let you know how much your cricketers impressed me on Saturday. Impeccable uniform and manners. They went out of their way to greet and are clearly a disciplined and united group who are proud of their school."

I also received this message from the Headmaster of Milnerton:

"Heavronne from Edgemean High stood up respectfully in a difficult situation and showed maturity, calmness, and kindness. His conduct reflected the values of the school in a very positive way."

These moments define who we are as a school. They remind me that while results matter, character matters more.

A Word of Gratitude

I would like to thank our learners, staff, and the wider community for the grit and resilience shown during the recent heat wave.

Balancing academics, sport, and cultural commitments under such conditions is not easy, yet our learners have persevered with determination. I am deeply appreciative of the effort shown across the school.

An Important Concern

While there is much to celebrate, there are also serious matters that I must address.

I have recently informed parents via a formal letter about concerns relating to the misuse of digital platforms, including the inappropriate use of images and AI-generated content. As Headmaster and as a parent, this is deeply concerning.

Let me be absolutely clear: This behaviour is not a joke, and it is not harmless. I have consulted with a digital law specialist.

The law in South Africa is clear:

- The Cybercrimes Act (2020) criminalises the sharing of intimate images without consent — including AI-generated images.
- The Films and Publications Act make any sexual content involving minors extremely serious.
- The Protection of Personal Information Act (POPIA) protects individuals from misuse of their images.
- Common law offences such as crimen injuria and defamation may also apply.

Schools are obligated to act in accordance with Department of Education policies. Such behaviour constitutes serious misconduct and will result in disciplinary action in line with the school's Code of Conduct.

I reminded all learners:

- Do not create, share, or forward harmful content
- Report concerns immediately
- Support those affected
- Make responsible and respectful choices online

Closing Thoughts

I would like to extend my sincere thanks to all our parents for your continued support throughout the term.

Your partnership, encouragement, and involvement play a vital role in the success of our learners and the strength of our school community.

Well done to each learner who has worked hard and achieved their academic targets this term. Your commitment and effort are commendable, and I encourage you to continue building on this momentum.

As we look ahead, we are ready to start Term 2 with energy and purpose, and I am confident it will be another successful and rewarding term for our school. I remain proud of what we are building together.

Let us continue to uphold the standards of respect, integrity, and accountability that define our school.

KIND REGARDS,

Mr. Joel Erasmus



Gymnasium

Stronger Together: Our New School Gym

Edgemean High School is proud to introduce our brand-new gym facility—an exciting addition that is already making a positive impact across the school. Designed to support the development of all our athletes, the gym is used by sports teams, with dedicated morning and afternoon time slots for structured training sessions.

Under the guidance of a qualified trainer, learners are able to build strength, improve fitness, and enhance their overall performance in a safe and supportive environment. The gym programme ensures that each team benefits from focused, sport-specific conditioning as part of their routine.

In the spirit of promoting wellness for all, we are also delighted to offer a dedicated gym session for our teachers—encouraging staff to prioritise their health and well-being alongside our learners.

This new facility truly reflects our commitment to excellence, teamwork, and a healthy, active school community.



@edgemeanhighschool

To have life more abundantly

Rondebosch Soccer Festival

U17 Boys Soccer – Strong Tournament Run

Our U17 boys soccer team enjoyed an impressive run, showing great determination and teamwork throughout. They opened with a solid 1-0 win over Reddam Constantia, followed by a dominant 6-1 victory against Rondebosch B, with Luke Martin scoring a hat-trick.

In the Cup Quarter Final, the boys held Elkanah to a 0-0 draw, narrowly losing 2-3 on penalties. They bounced back with a 1-0 win over Heathfield in the Plate Semi-Final, thanks to a goal from Rowen Derby.

In the Plate Final, the team fought hard but went down 1-3 to Zeekoevlei, with Mus'Ab Bester scoring their goal.

The boys can be very proud of their efforts — a resilient and spirited performance throughout the tournament!



@edgemeanhighschool

To have life more abundantly

Mountain Biking



Mountain Biking Results: Devonbosch Race, Stellenbosch

Our mountain biking teams continue to grow from strength to strength, and we are incredibly proud of their commitment, determination, and achievements on the trails. Competing at the recent race held at Devonbosch in Stellenbosch, our riders delivered commendable performances across various age categories.

Results:

Sub Junior Girls

- Caitlin van der Merwe - 14th out of 15

Sub Junior Boys

- Damian Wright - 27th out of 73 (Top 30)
- Griffin Harvey - 47th out of 73
- Nathan Rochoy - 68th out of 73
- Micah Weitz - 71st out of 73

Youth Men (15)

- Ethan Balls - 31st out of 69
- Tristan Williams - 68th out of 69

Youth Men (16)

- Andrew Peters - 12th out of 59 (Top 15)
- Joshua Muller - 54th out of 59
- Dylan Johnson - 55th out of 59

Junior Men (17)

- Seth Martin - 33rd out of 43

Junior Men (18)

- Joshua Roy - 9th out of 28 (Top 10)

We are especially proud of the continued growth of our mountain biking teams, with more learners getting involved and showing incredible dedication to training and competition. Their perseverance and sportsmanship are a true reflection of the spirit of Edgemoor High School. Well done to all our riders—we look forward to many more successes ahead!

IMPORTANT MENTAL HEALTH SUPPORT INFORMATION

If support is needed, the following options are available:

1. EHS Wellness Department (During School Hours)

- Learners: Contact the EHS Wellness Team via Teams chat - David Matthews (Reg Counsellor), Melanie Williams (Specialist Wellness Counsellor), or Catherine Vellacott (Ed Psych).
- Parents: Email wellness@edgemeanhigh.org.za for support and guidance.
- We encourage families to have honest conversations about mental health.

2. Life Path Health - 24/7 Mental Health Helpline

Contact number: 072 790 0506 (24 hours)

- Learners 12+ and parents may call for immediate support, psychological assessments, psychiatric consultations, and access to inpatient mental-health programmes.
- If you DO have medical aid: Direct referral to psychologists, psychiatrists, and inpatient/outpatient services.
- If you DO NOT have medical aid: Referral to counsellors, with online counselling sessions available.

3. National Suicide & Crisis Helplines (South Africa)

- Suicide Crisis Helpline (SADAG): 0800 567 567
- SADAG Mental Health & Substance Crisis Line: 0800 12 13 14 / SMS 32312
- LifeLine South Africa (24/7 counselling): 0861 322 322
- Childline South Africa (children & teens) 24/7 toll-free helpline: 116
- Cipla Mental Health Helpline (24hrs): 0800 456 789 / SMS 31393

Red Flags for Mental Health Concerns

A teen likely needs professional help if:

- Their feelings don't make sense in context (e.g., persistent sadness without cause).
- Emotions are intense, long-lasting, or global - not specific to a situation.
- Anxiety is disproportionate or appears when there is no threat.
- Daily functioning declines - school, sleep, friendships, basic routines.
- Coping strategies become unhealthy or risky.

Please reach out to us if you need any further information.

—The Wellness Team

Interact Easter Egg Drive

Spreading Easter Joy in Our Community

Our Interact Society recently visited Factreton Primary and Seamount Primary alongside the Easter Bunny, bringing with them not just Easter eggs, but smiles, laughter, and a true sense of joy. This special outreach is just one example of the incredible work our Interact members do throughout the year.

Each year, the Interact Society makes it their mission to give back to the community by spreading happiness in meaningful ways, and their Easter initiative has become a much-loved tradition. The excitement and appreciation from both the schools and the learners are always heartwarming to witness, reminding us all of the power of kindness and connection.

We are incredibly proud of our Interact Society for the compassion, enthusiasm, and dedication they show. They continue to make a real difference in the lives of others—one Easter egg, one smile, and one act of kindness at a time.



2025 NSC Remark Highlights



NSC 2025 Remark Highlights

**Officially a bachelors
pass of 80,93%**

**52 applications
136 subjects
54 changes
23 code changes
11 new A's**

**+1 Afrikaans
+1 History
+1 Physics
+2 Life Science
+6 English**



@edgemeadhyschool

To have life more abundantly

Learner

Achievements



Table tennis excellence!

We are proud to celebrate **Xoey Williams** for her outstanding performance at the Top Table Tennis Tournament, an O2-ranked event held from 5-8 March 2026. Xoey achieved an impressive 1st place in the Under-19 Girls division and secured 3rd place in the Senior Women's division. An exceptional accomplishment—well done, Xoey!

Swimming

We proudly celebrate Jemah van der Westhuizen, a Grade 9 learner, for her exceptional performance at the SA Level 2 Regional Championships (Western Cape), held in Oudtshoorn from 6-8 March 2026. Jemah competed across multiple events, achieving outstanding results in both individual and relay categories.

Her achievements include:

- 1st Place: Girls 13-14 Relay 4x50m Medley
- 2nd Place: Mixed 13-14 Relay 4x50m Freestyle
- 3rd Place: Girls 14 Years 50m Breaststroke
- 3rd Place: Girls 14 Years 100m Freestyle
- 3rd Place: Girls 14 Years 100m Breaststroke
- 3rd Place: Girls 14 Years 50m Freestyle



@edgemeanhighschool

To have life more abundantly

Learner

Achievements



Learner Leadership Achievement

We are proud to share that Sydni Adams has been elected as the Deputy/Vice Chairperson of the Metro North District RCL Forum for 2026.

This prestigious appointment reflects Sydni's strong leadership, commitment, and dedication to representing her peers.

We are confident that she will make a meaningful contribution, not only within our school but across the broader district. Congratulations, Sydni—we wish you every success in your leadership journey!



@edgemeanhighschool

To have life more abundantly



SUZUKI



ALL-NEW

ACROSS

MOVE BETWEEN WORLDS



THORP
TABLEVIEW

☎ 021 002 1120

🌐 www.thorpsuzuki.co.za

THORP
N1 CITY

☎ 021 002 2010



Lepas

AVAILABLE AT:

**THORP
BRACKENFELL**

☎ 021 879 4004

Unit 2, Fairbridge Terrace
Motor City, Corner Old
Pearl Road & Paradise Road

**THORP
TABLE BAY**

☎ 021 020 2406

Table Bay Mall, Corner of
Berkshire Boulevard and
R27, Sunningdale

**THORP
N1 CITY**

☎ 021 879 3722

Cnr Vasco Boulevard,
Frans Conradie Dr



🌐 www.lepasthorp.co.za

CHERY



WE'RE OPEN.

**YOUR CAR IS DUE. LET'S GET
IT BOOKED.**

THE BIGGEST CHERY WORKSHOP

Cnr Vasco Boulevard, Frans Conradie Dr, N1 City



THORP
N1 CITY

☎ 021 020 2402

🌐 www.thorpchery.co.za

GEELY



**GEELY E5 EM-i
SUPER HYBRID**
New Era Premium Living | R5,999PM+
HURRY | Limited Time Offer



GEELY core

5-year / 75,000 km service plan 6-year / 150,000 km vehicle warranty

8-year / 200,000 km battery warranty

Trade-in assistance up to R40,000

*Offer available through Geely Finance (a product of Nedbank, a division of FirstRand Bank Ltd, an authorized Financial Services and Registered Credit Provider (NCRCP20). Subject to credit approval. SPY is calculated based on agreed terms, mileage, and vehicle condition. Monthly installment shown is indicative and may vary depending on final approval. Available nationwide at participating Geely dealers.

THORP
TABLEVIEW

☎ 021 891 8919

🌐 www.thorpgeely.co.za



@edgemeanhighschool

To have life more abundantly

Grade
10 - 12

Potential
ENERGY
Tutoring



Maths Tutoring

Weekday afternoons in Edgmead
R200/hour, First hour FREE

Whatsapp Michelle_(BHSc) on 083 781 0970

~12 years of experience - Subject to available space - Rate subject to change



@edgmeadhighschool

To have life more abundantly



About the Tutor

I am a **qualified educator and engineer** with over **20 years of experience** teaching **Mathematics, Physical Sciences, and Engineering** related subjects to high school learners. My background includes:

- ✓ **Bachelor of Science in Mathematics & Physics**
- ✓ **Bachelor of Science in Electrical Engineering**
- ✓ **Senior Teacher's Diploma**
- ✓ **SACE Registered Educator**
- ✓ **Proven track record of improving learner performance**
- ✓ **Proficient in CAPS, IEB, and Cambridge curricula**

Subjects Offered

- **Mathematics:** Grades 8–12 (aligned to CAPS, IEB and Cambridge)
- **Physical Sciences:** Grades 10–12 (aligned to CAPS and IEB)
- **Physics** (aligned to Cambridge)

Why Choose My Tutoring Services?

- ✓ **Deep Subject Knowledge and Real-World Application**
- ✓ **Patient, Targeted Support** – Ideal for struggling or high-potential learners
- ✓ **Online and Face-to-Face Sessions Available**
- ✓ **Regular Feedback & Progress Reports** for parents and learners
- ✓ **Exam Preparation** – June, Prelim & Final Revision

Results That Speak - I have helped hundreds of learners:

- **Improve by 20–40%** within a term
- Achieve **distinctions** in matric
- Gain admission to top universities and engineering faculties

Areas Served:

- Based in Northern Suburbs, Cape Town
- Online sessions available nationwide

Get in Touch Today

 **0845003866 or 0832298819**

 **katzenp@gmail.com**

 *Available upon request: testimonials & references*

Prepare your child today for the demands of tomorrow. Let's make Maths & Physics a success story – not a struggle!